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METRO.US MONDAY, APRIL 11, 2016



UK'S CAMERON RELEASES TAX RECORDS TO CALM PANAMA PAPERS STORM

British Prime Minister David Cameron took the unusual step on Sunday of publishing his tax records to try to end days of questions about his personal wealth raised by the mention of his late father's offshore fund in the Panama Papers.
Cameron's initial reluctance to admit that he had benefited from the fund caused a furor, compounding his problems when he faces a huge political fight to persuade Britons to vote to stay in the European Union in a June 23 referendum. The EU issue has split his Conservative Party, while the government has also been going through a tough patch over a senior minister's resignation.

US AIRMAN IN SHOOTING AT TEXAS AIR BASE WAS A FORMER FBI AGENT

A U.S. airman who apparently shot and killed his commanding officer at Lackland Air Force Base in Texas and then turned the gun on himself was a former Federal Bureau of Investigation agent, the FBI said on Sunday. Air Force Technical Sgt. Steven D. Bellino was an FBI agent for less than two years when he resigned in May 2013, an agency spokesman said. Bellino and Lt. Colonel William A. Schroeder were found dead at 8:50 a.m. on Friday inside an office at the base in San Antonio. Schroeder was Bellino's commanding officer, military officials said in a statement. The shootings appeared to have been a murder-suicide. A Pentagon official, speaking on condition on anonymity, told CNN that the airman shot his commander. Beutress

FORMER SAINTS PLAYER WILL SMITH SHOT DEAD, SUSPECT CHARGED

Will Smith was killed and his wife injured by a gunman who shot the retired football player several times after ramming into his car in New Orleans, police and a local media report said on Sunday. Alleged shooter Cardell Hayes, 30, was arrested and charged with second-degree murder, the New Orleans Police Department said in a tweet. Police said they were investigating the killing as a possible case of road rage. Smith, 34, a retired defensive end with the NFL's New Orleans Saints, was traveling in a Mercedes in the city's Lower Garden District when his car was rear-ended by a Hummer. Smith exchanged words with the driver of the Hummer, who took out a handgun and shot him several times, New Orleans Police Department spokesman Juan Barnes said in a statement.



BOLARIS' WEATHER WATCH: SNOW DONE, FUNK AHEAD

Well wasn't that a nice spring-like weekend ... not!

A few places picked up to a half of foot of snow this past weekend in parts of the northern mid-Atlantic and Northeast. Freezing temperatures had you scrambling for the winter gear once again, and some of our crops and plants were damaged, from record cold.

The good news is no more snow, the winter of 2015-16 is over, however a big warm up is not in sight, at least not from this weather guy. Now if you're looking at your local seven-day outlook it looks pretty good with sunshine basically from Wednesday through this upcoming weekend.

Unfortunately, I don't

see it this way as an omega block is setting up, and if you're on the wrong side of an omega block the weather will turn out funky and unsettled with showers, drizzle and cool temperatures.

An omega block is a huge upper-level high-pressure ridge with two upper level low-pressure systems on each side of it. It looks like an upsidedown horseshoe similar to the Greek-alphabet character omega.

If you're in the middle of this high-pressure ridge the weather will turn out very nice with abundant sunshine. However, if you're on the low-pressure side of it, the weather turns unsettled for an extended period



of time as the system is locked in "blocked."

The Northeast is prone to annoying omega blocks around this time of year and computer models are usually slow to pick this up. My advice to all my Metro peeps, especially all coastal residents, is to keep the umbrella nearby — light jackets, sweaters and the poncho will be in vogue this week, with the worst of it for your upcoming weekend. Smile, Memorial Day weekend is not that far away!

New York City's 7-day forecast

Today: Clouds, few scattered showers this afternoon, 56

Tuesday: Drizzle, 55

Wednesday: Drizzle, especially across Eastern Long Island, 54

Thursday: Coastal drizzle, 55

Friday: Drizzle, damp, 55

Saturday: Showers/driz-zle, 53

Sunday: Drizzle, damp, fog, 53

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NEW YORK

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MONDAY, APRIL 11, 2016

Manhattan teen snags title of NYC's top Girl Scout cookie seller for a second time

Exclusive: During the six week 2015-2016 sale, 14-yearold Olivia Cranshaw sold a total of 1,745 boxes of Girl Scout cookies.



Out of thousands of girls from across the five boroughs, one Manhattan teen has shown that with determination and confidence, any girl can be one tough cookie.

This year Olivia Cranshaw, 14, has earned the title of New York City's top Girl Scout cookie seller after selling a total of 1,745 boxes during the six-week 2015-2016 sale period.

A total of 12,873 girls from 2,141 troops from across the five boroughs participated in the program this year and sold over 1,107,524 boxes.

For Olivia, she did not start off the season looking to make it to the top but once she got the ball rolling — and after having years of experience in the Girl Scouts — she said the rest just came naturally.

"In the beginning of this year I wasn't that motivated but once I started selling I felt much more confident and I wasn't expecting to win because I had so much homework and other stuff to do that I just tried my best and applied myself," Olivia said.

The teen became a part of the Girl Scouts of Greater New York when she was in the first grade through her school. Since then she has worked hard to set goals for herself each year and also con-



Olivia Cranshaw sold the most Girl Scout cookies this year. BESS ADLER

stantly learn from the experiences put in her path.

Every year, Olivia has a sales pitch: She introduces herself and lets people know that even if they don't want to eat the cookies, they can purchase them and the boxes would be sent directly to troops overseas. At the end of her pitch, Olivia asks, "Can I help you pick out your five boxes?"

The teen added that she still gets nervous when she starts selling the cookies, but she has now found a method that works and it all comes down to being determined.

"I think I've realized that it's easier to do once you get to the pattern of selling," she said. "And of course when you are younger it's easier to sell because you are cuter but now it's become more of a business and a part of me"

Along with excelling in Girl Scouts, Olivia is also very active at The Chapin School, where she is currently one of the eighth-grade representatives, and is also involved in various

extracurricular activities. She's a black belt in martial arts and participates in soccer and badminton.

Although she has her plate filled, Olivia said that growing up learning through the Girl Scouts has allowed her to be organized, manage her time and also become a better public speaker.

"From the beginning I just wanted the prize, but now it's more about recognition and meeting new people and having fun with it," she said.

Even though Olivia

snagged the top spot this year, it isn't her first time. The 14-year-old was the top seller back in 2013, and for the past five years has been in the top three spots

The teen added that although she is not entirely sure yet, this year might be the last one where she aims for a top spot because school and extracurricular activities have increased through the years — she will continue being a Girl Scout.

"Maybe I want to end it on a high note," she said. For the teen's mother, Cynthia Cranshaw, it has been an incredible experience to watch her daughter grow and her family has supported her throughout the whole way.

She added that Olivia is the one who always sets her own goals and personally reaches out to previous clients to make sure they will come back each season — while also adding personal thank you notes when delivering boxes.

"It's been really fun, it's been a lot of work but she loves it," Cynthia said. "It was always up to her on the goal setting, and she worked really, really hard on it."

And although Olivia currently is not really sure what career path she would like to follow in the future, her mother says that she believes the many skills in Girl Scouts have prepared her for anything.

"We had a fairly shy child; it's been a very good experience for her as far as having to come and speak to people. She's a much better speaker," her mother said. "She has a lot more confidence."

And when asked if she had any advice for any other girls who are either starting out or thinking about following in her similar footsteps, Olivia said she just recommends them to be confident and not be afraid of getting out there.

"Just ask anyone you meet and bring your sheet around with you," she said. "The worst thing people can say is no, I don't want to buy Girl Scout cookies, thank you."

NYPD seeks man who allegedly slashed 19-year-old woman in the Bronx

Police are searching for a man they said slashed a 19-year-old woman in the Bronx during a verbal dispute last month.

According to police, the incident happened on March 7 at midnight in the rear section of 712 East Gun Hill Road in the Bronx.

Police said the 19-year-old woman was having an argument with a 21-year-old woman and an unidentified man before they both slashed the victim across the face and neck.

The female suspect was arrested, but the male suspect fled the scene, according to CBS2.

The victim was taken to Jacobi Hospital and treated for nonlifethreatening injuries.

The male suspect is described as a black male, with a mediumbrown complexion as seen in the surveillance photo recently published by the NYPD.





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Shelter safety under scrutiny

City council wants details on violence and serious incidents in the city's homeless shelters.



For years, many of the city's homeless have opted to spend the night on sidewalks, street corners and subway cars rather than risk the perils of a shelter system that they say is often fraught with violence.

And up until two recent news reports by the Daily News and cable channel NY1, which detailed some of the violent incidents in the city's vast shelter system; many of those incidents remained largely unknown to the public.

But that lack of transparency by the Department of Homeless Services could soon change.

On Wednesday, legislation will be discussed at a city council hearing that would require DHS to produce an annual report detailing and breaking down into categories, "critical" violent and nonviolent incidents in homeless shelters throughout



A resident at the Bowerv Mission. a homeless shelter for men, walks past the entrance. GETTY IMAGES

New York City as well as safety measures taken to address the issues.

Vania Andre, a spokesperson for Brooklyn Council Member Jumane Williams, who sponsors the bill, said that they're uncertain about all the factors that DHS tracks as "critical," since the agency recently adjusted its definition of such incidents to include crimes such as child abuse/neglect.

Andre added that DHS does not publicly release incident information —only aggregate numbers per 1,000 residents without detail — but thanks to a recent Daily News story, based upon a freedom of information law request, specific numbers and details. Anchor on violent incidents in the city's shelter system were uncovered for 2015.

That Daily News story painted a bleak picture of the shelter system with numerous residents describing dangerous and hostile environments with nearly 1,700 critical incidents occurring annually, including more than 800 classified as violent.

One resident of the Women's HELP Center in East New York told Metro that assaults of all kinds are commonplace. "I've seen all kinds of things at the shelter," said a 39-year-old resident who would only give her name as "Smurf."

"I've seen everything

"I've seen everything from fights and robberies to even some of the guards exchanging sex for cigarettes and other privileges," she said.

"DHS has a responsibility to ensure the safety and security of all its clients."

DHS spokesperson Nicole Cueto

DHS security at its 600plus buildings around the city utilizes a combination of peace officers and private security.

Andre said that the council bill includes metrics to better gauge the levels of security at various shelters. "We want to get more info at the hearing," she said.

"Collecting data about

"Collecting data about the number of violent incidents that take place in the city's shelters is the first step to remedying the problem," said Williams. "If people do not feel safe, then the impact DHS could have on New Yorkers' lives is thwarted. I look forward to seeing the NYPD and DHS working together to address this issue."

Last month, the de Blasio administration announced an overhaul of homeless services designed to improve safety in homeless shelters with the NYPD taking a lead role in the retraining of all DHS security staff in addition to a plan to up-

grade security at all shelter facilities.

The administration also announced a new and more extensive reporting system for incidents that occur in shelters as part of a 90-day review ordered by the mayor.

"DHS has a responsibility to ensure the safety and security of all its clients," said DHS spokesperson Nicole Cueto. "That is why we instituted a top-down review of how we report and track all types of incidents at facilities involving residents and staff."

Commenting on homelessness in general, Becky Blanton, a Virginia-based journalist and author of "The Homeless Entrepreneur," who was homeless herself in Virginia for three years from 2006 to 2009, said that living in shelters is not for the faint of heart.

"Shelters really are horrific," Blanton said. "People think shelters are hotels, but the truth is, prisoners have it better!"

ASPCA celebrates 150 years with first NYC Paws Parade



The American Society for the Prevention of Cruelty to Animals, or most commonly known as the ASPCA, celebrated its 150th anniversary Sunday with the first-ever NYC Paws Parade. Hundreds of four-legged New Yorkers trotted from Madison Square Park down Broadway to Union Square, where animals were up for adoption.





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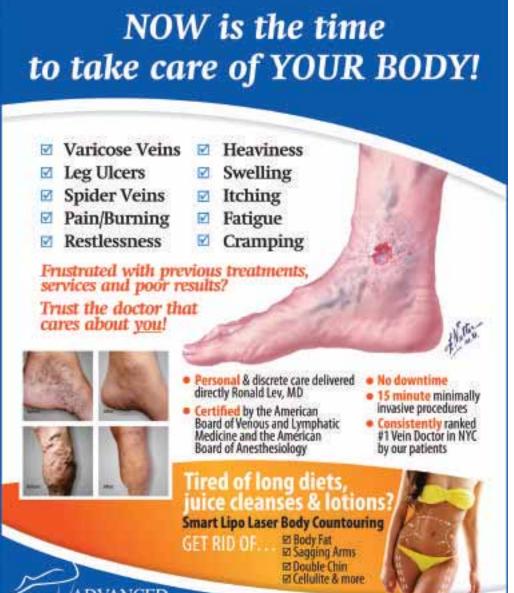
MONDAY, APRIL 11, 2016

In 2011 the state reportedly issued a total of 9,015 tickets for texting while driving and last year law enforcement handed out 84,720 tickets. FLICKR/INTEL FREE PRESS

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Cuomo: NY sees 840 percent increase in texting-related tickets since 2011

New York state last year saw 84,720 tickets issued by police for texting while driving.



ANGY AITAMIRANO @MetroNewYork

The next time you are about to pick up your phone to send or read a text while you are behind the wheel, think again.

Gov. Andrew Cuomo announced Friday that through work with both state and local law enforcement, New York state has seen an increase of 840 percent in tickets for texting while driving since 2011.

According to the governor, in 2011 the state issued a total of 9,015 tickets for texting while driving and last year law enforcement handed out 84,720 tickets.

"There is zero tolerance for distracted driving and state police will be out in force to crack down on this dangerous behavior," Cuomo said. "By keeping your eyes on the road and hands on the wheel, we can help prevent needless tragedies and make this a safer New York.'

In 2011, Cuomo directed the DMV to set forth regulations that would increase the number of points given to drivers for texting while driving from two points to three points. Later in 2015, three points went up to five points for the violation — and in addition drivers were slapped with a \$450 fine.

The governor also signed a law that would increase penalties for probationary and junior drivers who are caught texting while driving. Through the law, such drivers could face a 120-day suspension for a first offence and then lose their license for a year on a second offense if committed within six months.

Although tickets given out for texting while driving have gone up substantially from 2011 to 2015, the number of tickets handed out for talking on a cellphone while driving have decreased in the same time period.

In New York state, 248,540 tickets were issued in 2011 by state and local police for the use of a cellphone while driving and in 2015, 132,028 tick-

ets were given out.

Last year in total,
which includes cellphone and texting tickets combined, police issued a total of 216,748 tickets.

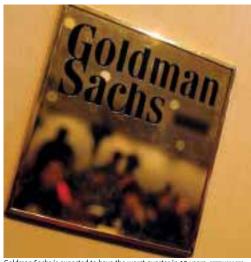
Under the law, drivers in New York state are prohibited from using portable electronic devices and actions deemed as illegal include holding such a device; talking on a handheld cellphone; writing, sending, reading, saving or retrieving any "electronic data" including emails or texts; and looking at or taking photos.

Exceptions to the law include using a hands-free cellphone, using an electronic device attached to a vehicle surface, using a GPS attached to the vehicle, or making an emergency phone call to police, fire department, hospital or doctor's office.

According to Cuomo, in 2014 over 48,000 police-reported crashes across the state cited "driver inattention or distraction" as a contributing factor to the incident.



US banks' dismal first quarter may be trouble for 2016



Goldman Sachs is expected to have the worst quarter in 10 years, GETTY IMAGES

It is only April, but some on Wall Street are already predicting a rotten 2016 for U.S. banks.

Analysts say it has been the worst start to the year since the financial crisis in 2007-08 and expect poor first-quarter results when reporting begins this week.

Concerns about economic growth in China, the impact of persistently low oil prices on the energy sector, and near-zero interest rates are weighing on capital markets activity as well as loan growth.

Analysts forecast a 20 percent decline on average in earnings from the six biggest U.S. banks, according to Thomson Reuters/IBES data. Some banks, including Goldman Sachs Group, are expected to report the worst results in over 10

This spells trouble for the financial sector more broadly, since banks typically generate at least a third of their annual revenue during the first three months of the year.

"What's concerning people is they're saying, 'Is this going to spill over into other quarters?" Goldman's lead banking analyst Richard Ramsden said in an interview. "If you do have a significant decline in revenues, there is a limit to how much you can cut costs to keep things in equilib-

Investors will get

some insight on Wednesday, when earnings season kicks off with JPMorgan Chase, the country's largest bank. That will be followed by Bank of America and Wells Fargo on Thursday, Citigroup on Friday, and Morgan Stanley and Goldman Sachs Group on Monday and Tuesday, respectively, in the following week.

Banks have been struggling to generate more revenue for years, while adapting to a panoply of new regulations that have raised the cost of doing business substantially.

The biggest challenge has been fixed-income trading, where heavy capital requirements, new derivatives rules, and restrictions on proprietary trading have made it less profitable, leading most banks to simply shrink the busi-

Bank executives have already warned investors to expect major declines across other areas as

Citigroup CFO John Gerspach said to expect trading revenue more broadly to drop 15 percent versus the first quarter of last year. JPMorgan Chase & Co's Daniel Pinto said to expect a 25 percent decline in investment banking. Several bank executives have warned about declining quality of energy sector loans, reuters

BRIEF

Ukrainian PM Yatseniuk resigns, paving way for new government

Ukrainian Prime Minister Arseny Yatseniuk tendered his resignation on Sunday, paving the way for Western-backed coalition parties to nominate an ally of President Petro Poroshenko to try to form a more stable government.

Yatseniuk survived a noconfidence motion in February, but political infighting and graft scandals have fractured the ruling coalition and further delayed the disbursement of aid under a \$17.5 billion International Monetary Fund bailout program.

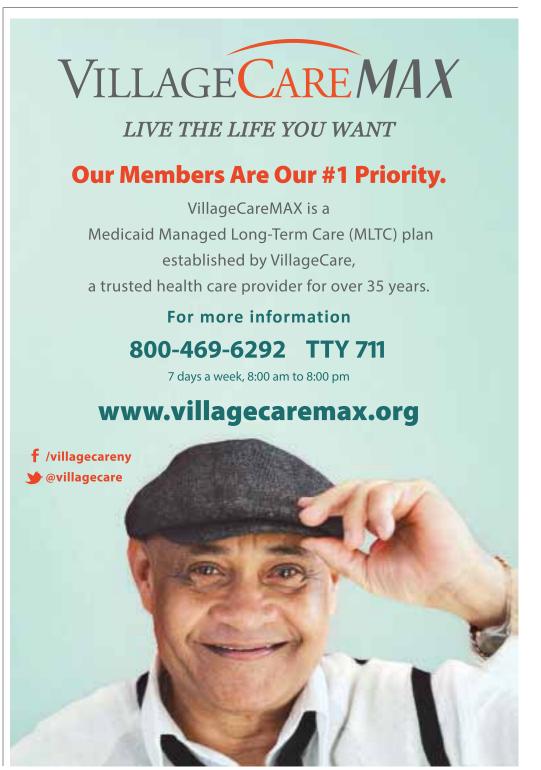
The self-described "kamikaze" prime minister came to office in 2014 determined to pass stringent economic reforms, but his public support has slumped into the low single digits, partly on the perception that his government has not done enough to hold oligarchs to account.

His departure removes an obstacle to the formation of a new government, which must try to push delayed reform bills through parliament against the opposition of populist former coalition partners who have vowed to oppose austerity measures required under the IMF program.

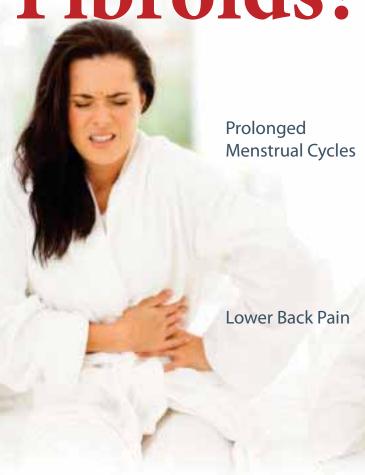
"I have taken the decision to resign as prime minister of Ukraine. On Tuesday, April 12, my request will be submitted to the parliament," Yatseniuk said in a televised address.

"The political crisis in the country was created artificially. The desire to change one person blinded politicians and paralyzed their political will for real change," he said.

Poroshenko's BPP faction and Yatseniuk's People's Front party had been expected to announce a reboot of their ruling coalition next week.



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Indian temple blaze kills 100, more than 380 injured

Thousands of devotees had packed into the Puttingal Devi temple when a fireworks display for the local Hindu new year sparked deadly explosions.

A fire and explosions during a fireworks display to mark the start of the local Hindu new year killed 100 people and injured more than 380 at a temple in the city of Kollam India's southern Kerala state on Sunday.

The blaze started when a cracker fell onto a shed where the fireworks were stored, sparking a string of powerful explosions that blew the roof of the administrative block of the temple and caused another building to collapse, residents said.

"There were body parts on the floor and on the roof there was an arm," Anita Prakash, a resident said. "In the past, there's been fireworks but not on this scale.'

Kerala is studded with temples managed by rich and powerful trusts that often flout local regulations. Each year temples



Indian officials and bystanders gather beside a collapsed building as they try and rescue survivors after an explosion and fire at the Puttingal Devi Temple

hold fireworks displays, often competing to stage most spectacular ones, with judges who decide the winners.

Kollam district magistrate A. Shainamol said people living in the area near the temple had complained about the danger of these fireworks in the

Prime Minister Narendra Modi flew to Kollam with a team of doctors to help state authorities cope with the large number of injured, moving swiftly to head off criticism of a lack of public

"The fire at the temple in Kollam is heart-rending and shocking beyond words," he said in a Twitter post. "My thoughts are with families of the deceased and prayers with the injured.

Modi has faced public criticism in the past for failing to respond quickly to disasters such as the floods in Chennai late last year. Large parts of the metropolis were under water for days before government help arrived.

Earlier this month, a flyover under construction in the eastern city of Kolkata for years collapsed killing 27 people, allegations prompting that shoddy material was used and that the metal parts had corroded during the years of delay. REUTERS

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Date: Thursday, April 14, 5:00pm – 8:00pm. **Location:** Perlmutter Cancer Center. 160 East 34th Street, 11th Floor. Room 1121.

RSVP: No appointment is necessary, but please arrive no later than 7:30pm to ensure that you are seen. Anyone aged 18 or older is welcome to attend. Please call 212.263.2266 for information.

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RACE FOR THE WHITE HOUSE

THE BATTLE AT HOME

Trivia question: What city can lay claim to more than half of the remaining presidential contenders? Yep, New York. And with the Empire State's primary looming, you can expect to see the candidates trudging up and down Broadway like actors looking for auditions. That leads my three things to watch this week in politics.

1. HOME COURT ADVANTAGE:

Bernie Sanders was born in New York. Hillary Clinton has adopted it as her home. Either way, both of the Democratic contenders will be hollering up their homies for what promises to be a ripping debate on CNN Thursday night. All that friendly banter of the early days? Fuggedaboutit. Expect tough talk and spiked spinning afterward. Donald Trump will probably be tearing out his remaining hair because he can't get into the fight with them. Oh wait, it's Trump. He'll find a way. Meanwhile, Ted Cruz — find any New York values you like yet?

2. SLOW AND GRUDGING:

The Department of Justice has finally and reluctantly released documents related to the federal

TOM FOREMAN

Opinion

CNN's Tom Foreman is the author of the new book "My Year of Running Dangerously."

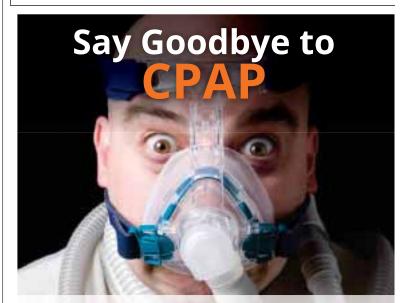


sting-turned-fiasco called Fast and Furious. That was the gun-running operation that was supposed to ferret out big drug dealers in Mexico but ended up arming some instead. One weapon was even found in the hideout of El Chapo. Congressional Republicans have been screaming for the papers for years, but it took a court order to make it happen and even then the Obama administration waited until the deadline. Not sure the GOP can get any attention on the matter amid all the campaign noise, but they'll try this week anyway.

3. GETTING AWAY FROM IT ALL:

If everything goes as planned, Bernie Sanders will be hanging out with His Holiness in Rome just days before the New York vote. Maybe. Sanders proudly announced he'd been invited to the Pontifical Academy of Social Sciences, and that's happening on Friday. But then came some angry words from folks suggesting he kind of invited himself, and it's not clear if he'll see the pope, and ... heaven knows how it will turn out. Literally.





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Brussels bombers had planned to attack France again: Prosecutors

The militant cell behind bombings in Brussels had been plotting to hit France again after carrying out the Paris attacks in November, but was forced to strike closer to home as police closed in, Belgian prosecutors said on Sunday.

Investigations into the Islamic State attacks in Paris, which killed 130 people, showed that many of the perpetrators lived in Belgium, including surviving suspects who managed to evade police for more than four months.

Prime suspect Salah Abdeslam was arrested on March 18 in the Belgian capital. Four days later, suicide bombers killed 32 people in Brussels airport and a rush-hour metro

"Numerous elements in the investigation have shown that the terrorist



A wall in a car park following an explosion at Maelbeek metro station on March 22, 2016, in Brussels, Belgium GETTY IMAGES

group initially had the intention to strike in France again," Belgium's federal prosecutor said in a statement.

"Surprised by the speed of progress in the investigation, they took the decision to strike in Brussels."

Belgian intelligence and security forces had been criticized abroad for not doing more to dismantle the militant cell, because of its links to the Paris attacks.

As of Friday, all publicly identified suspects were either in detention or dead, but Belgium remains on its second highest threat level, and Prime Minister Charles Michel said his government would remain alert.

His comments were echoed by French Prime Minister Manuel Valls, who said France would not be lowering its guard.

"This is a further sign of the very serious threat facing Europe as a whole and of course France in particular," Valls told a news conference in Algiers. REUTERS



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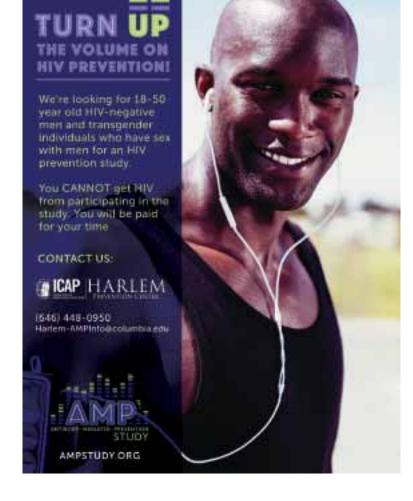












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THOUSANDS of knee arthritis sufferers flock for this advanced medical

treatment - How they relieved pain while so many continue to suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the Tri-State area for this knee arthritis pain treatment and why waiting can decrease your chance to live pain free. life again

New York City that has treated thousands medical clinic with multiple locations in Downtown NYC Medical Institute is a of knee arthritis patients.

should know about the best treatments and drastically decreases your chances to live a Here is what every knee arthritis sufferer options available today. And why waiting pain free life again.

The information you are about to read can possibly save you from years and years of agonizing knee pain.

It might even keep you from getting total Please pay careful attention. knee replacement surgery.

What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance.

In fact, I'm going to have to ask for a bit unsuccessfully tried any (or many) other of patience from you if you have already knee arthritis pain treatments.

and the way we do this treatment that makes wanted. But I assure you there is something already tried the treatment we are going to You see, many knee arthritis sufferers had VERY DIFFERENT about the technology talk about and did not get the results they it much different.

And often gets results when many others have

the tri-state area and beyond to have their This is why patients come from all over

Would You Like Instant Proof?

eliminating the pain.

What Results Can Be Expected?

not uncommon for patients to either postpone knee replacement surgery for years... or even statistics proving what the "average" patients to expect the same results as any of our other impossible to predict results and there are no patients. But to be 100% clear - many knee can expect. Everyone is individual and gets individual results - so we never tell anyone arthritis sufferers get dramatic results. It is vary and can not be predicted. In fact, it is Like all medical treatments, the results permanently cancel it.

What Are Treatments Like?

painless. The total time of the procedure itself getting a flu shot. You walk out of the clinic is only 10 minutes and most say it is like Treatments are simple, fast and virtually just minutes after your procedure.

nstitute use advanced digital imaging so they Research shows that doctors performing joint PRECISE. If the injection is slightly off, the injections without imaging miss the joint as But There Is A BIG Problem The key can see the injection going directly into the medication will not get into the knee joint is the treatment must be EXTREMELY That's why the experts at OsteoReleif and the treatment will not work. knee joint during the treatment.

If you had viscosupplementation without this special digital imaging without good results much as 30% of the time. this may be why.

"I cannot ask for better results"

"Hey this feels terrific"



NYC Medical Institute. I was amazed at the ease After the treatment I was able to go back to work treatment for and it's... it's like exact science. Dr. before I made an appointment with Downtown outstanding. I cannot ask for better results. with which I was evaluated and the treatment schedule implemented. The results I had at with no discomfort at all. They use a digital Dr. Stanley Weiner, M.D. - Surgeon Downtown NYC Medical Institute were Stanley Weiner







was diagnoses bone on bone about 2 years ago procedure is so basic so simple so quick in 15 minutes you are in and out. I did both legs at them replaced. Downtown NYC Medical said after looking at x-rays they could help. That went to see an Orthopedic Surgeon and he said my knees were shot and I need to get

got up out of the chair I stood up and I said,





After I had the treatments... the last tuneup..

If you want instant proof - you can just look skeptical just like you... and are now either pain free... or eliminated quite a bit of their at all all the actual patient testimonials we have included. These patients were once

and give us a call. As you can see - they are times before finally deciding to take action said they saw this information SEVERAL Here's the most important thing: Many happy they did.

bikes again and going for long walks again. playing golf again, dancing again, riding Once crippled with knee pain, they are

But we do get

one very common complaint.

way to slow it down - or get any back once it much sooner." Let's be very clear about this. Time is the most precious thing. There is no And it is: "I wish I started this treatment

one more second than you have to. Missing life All the more reason for you to not suffer even suffering in pain is a tragedy. It's time for you to get rid of your knee pan and start living the life you want and deserve.

keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you And please understand this: One of the wait - the more damage to your knee and

and your ONLY option will be total knee If you are suffering with knee arthritis replacement.

long, the entire knee joint will be degenerated

the more pain you will be in. If you wait too

basically "dries up." The lubricating fluid that NOW: When you have arthritis, you suffer pain, here is why you should act RIGHT a decrease in the lubricating fluids in your Pharmaceutical companies (with the help knee. In other words, your knee joints of scientists) can now make synovial decreases is called "synovial fluid." fluid-like compounds that... during

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even viscosupplementation treatments... doctors precisely inject directly into the knee joint.

do not just use one form of advanced imaging Institute even takes it one step further. They ensure patients get the best possible results. "double confirmation" process. This is to during treatment - they use two in their That's why Downtown NYC Medical

Viscosupplementation medications also come Another Important Factor

in several different brands and chemical

many doctors only use one brand, the experts several and great effort is taken to figure out respond better to some than others. While at Downtown NYC Medical Institute use Just like all medications, some people what the best one for YOU is.

What To Do Next If You Are In Pain:

Downtown NYC Medical Institute offers Special Your Invitation

These screenings are a way for knee arthritis one of the cutting-edge treatments offered at 800-227-KNEE to schedule your screening. answered and see if they are a candidate for arthritis treatment screenings every month. 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and a limited number of complimentary knee For a complimentary screening, just call sufferers to get some of their questions Downtown NYC Medical Institute. there is no further obligation. Call

Downtown NYC Medical

5633 to schedule your screening.

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When I'm playing on the course I don't have would say Hey, look at this he doesn't need us keep up with these guys who walk - I'm right next to them! My guys on the golf course to put the ball up any more.

I just go right to the golf course. I'm able to

any pain any more I don't have any aches and pain.

I'm out there playing!

"I feel like a new woman"



miserable and I would have it for the whole night great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed I came to the clinic because I was not sleeping grandchildren. I feel like a new woman. It's tighten up. I would get in pain and I would be After the treatment I goof around with my at night. My leg was Pounding. There were times when I sat too long the knee would and go out. It was so gentle.



done about it. You walk into the doctors office - he do that for years and now I'm able to do it again. the woods and we had a good time and I couldn't puts your leg in a machine - he shows you where a period of time and I knew something had to be guys and myself we took a couple of rides out in he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the got to the point where I couldn't stand up for

The pain was excruciating like 24/7. Nothing I knew it was something more serious. When better, I decided to do something about it and I immediately made an appointment - I went and started treatment. The feeling of getting saw that my condition was not getting any back to my dancing and my mobility is indescribable. I feel like a new woman -I took over-the-counter would work so It's amazing.

"I am ecstatic with the results of this procedure"



are up and walking out the door. I am ecstatic with They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you ssues. I felt good - it just opened a door that was run just weeks before. I ran my race without any the results of this procedure because I could not One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. closing.

"I Can Finally Live My Life"



I was becoming addicted to it and it was damaging Prior the the relief center I was taking (9:30) and my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. Since going through the procedure I can finally live. I can finally live my life.

Leonardo DiCaprio officially sweeps awards season

Sure, finally winning an Oscar was a big deal for Leonardo DiCaprio, but this icing on the cake must feel pretty great, too. DiCaprio officially locked up the awards racket for his work in "The Revenant" this weekend by nabbing the MTV Movie Award for Best Male Performance, beating out Chris Pratt, Matt Damon, Michael B. Jordan, Will Smith and "Deadpool" star Ryan Reynolds. Ah, yes. The coveted golden popcorn. Truly he is the undisputed Best Actor for this year. Oddly enough, DiCaprio didn't show up in person to accept his latest honor. In related news, can you imagine what his mantle looks like at this point?



Jim Carrey is a really good tipper

Some restaurant gigs are better than others. Case in point: Whoever was lucky enough to wait on Jim Carrey's party at the Chester, a restaurant in the Gansevoort Hotel, recently. The "Dumb and Dumber" star really, really enjoyed his meal because, according to Page Six, despite the

bill only coming to \$151, he left a \$225 tip. Either he was feeling really generous, or he's just terrible at math. A source says "Everyone seemed to be in a good mood" because obviously, but how big could this group have been if the bill at a Meatpacking District restaurant was \$151?

Blac Chyna and Rob Kardashian make with the baby-making

source says. "They're openly telling friends they want to get preg-nant and she knows he's going to make a great dad." Oh, delightful. And to hear another source tell it, that effort may already be paying offmuch to Kris Jenner's

chagrin. "Blac has been desperately trying to get pregnant and the family fears she already might be," the second source says. "They're scared that he proposed so quickly because he felt pressured because she could be pregnant."

Feud between Queen and Sacha Baron Cohen not going away

So remember when Sacha Baron Cohen was going to star as Freddie Mercury in a biopic about the late Queen singer but he couldn't see eye to eye with the band on how to do the movie? Well, apparently neither side will shut up about it. Last month Cohen dished to Howard Stern about how the band wanted a cleaner, PG-13 movie, while he wanted something darker. Now Queen guitarist Brian May is striking back, telling the Guardian that's not exactly why things didn't work out.



'Sacha became an arse,' he said. "We had some nice times with Sacha kicking around ideas, but he went off and told untruths about what happened." OK then! Oh, and May says the film is still happening, but with Ben Whishaw in the role. "He's fabulous," May says. "A real actor." Oh,

DAILY VIDEO

Establishment Shuffle'

How desperate are the Republican establishment to save their party from the rise of Donald Trump? According to "Saturday Night Live," desperate enough to do their own version of the Chicago Bears' 1985 "Super Bowl Shuffle" rap video, and

the results are delightful. Bobby Moynihan's Mitch McConnell has some pretty spot-on rhymes, too: "I may not be a cool heartthrob, but at least I also don't do my job." And who knows, maybe this gambit could work, since GOP faithful are likely the only people who remember the original song they're spoofing fondly.



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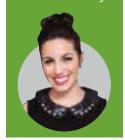
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New apps that will get you an offline date

LAURIE DAVIS

Single and Swiping

Laurie Davis is the founder of conting an Online dating concierge service, and the best-selling author of "Love @ First Click: The Ultimate Guide to Online Dating."



If you spend enough time swiping, some great matches will pop up on your screen. But meeting IRL for a date isn't always easy. Maybe your messages lose momentum or the other person flakes. It happens to a lot of my clients.

One recently told me he had 14 conversations going on an app, but only four resulted in real dates. And that's the norm — lots of messages, but not nearly as many dates offline.

New apps are trying to fix this ratio by flipping how you flirt: Make plans first, message later.



Is the app you're using keeping you from going on more dates? ISTOCH

You can opt out of the date if you communicate and don't click, but having plans to start (hopefully) means fewer missed connections.

You'll find this style of connecting on the app Dine, where you are shown a date spot and a match who'd like to meet there. If you like the person, send him or her a request for a date. Once accepted, you can chat and plan the date.

On the app Fortu, the functionality is similar but the focus is more on activity dates. You can browse your matches by category, such as culture and entertainment. A day and time is listed for each date, too. It's a bonus for busy singles who want to slip dating into their schedules, since you can filter by when you're free.

Since getting offline is such an issue for singles, I expect we'll see more apps like this soon. But no matter which app is at your fingertips, keep in mind that when date planning comes first, the ideas you post matter most.

Consider how you'll connect with someone in that environment before you agree to meet. For example, tickets to a show are a fun idea, but it may not give you the chance to really get to know each other. And all restaurants are not created equal — the ambiance often sets the tone.

If you're hoping to meet someone with long-term potential, beer and wings might not set the right vibe ... at least for the



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Plus what else is new on NYC's food scene.



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It doesn't get cheaper or more cheerful than the new Mexican breakfast at Pampano Taqueria (805 Third Ave.) Tacos will run you just \$1.75, with scrambled eggs and toppings like pulled pork, cactus and queso cotija. The baguette-like molletes (\$3.50) come stuffed with refried pinto beans, Monterey Jack cheese, pico de gallo and chorizo, and breakfast burritos (\$3.75) heave with scrambled eggs, poblano peppers, onions, black beans, ham and chorizo. Fresh Mexican pastries (\$1.75) will change daily and include buñuelos, the classic shortbread muffin mantecada studded with pecans and apricot-glazed garibaldis. The new takeout counter is open from 7 a.m.-10:30 a.m. on weekdays.

Treat yourself to champagne and chocolate

Surviving a Monday always calls for a treat, and tonight it's a \$15 champagne and chocolate tast-



Breakfast pastries at Pampano Taqueria PROVIDED

ing in Midtown West. Laurent Tourondel's casual American-Italian spot L'Amico (849 Avenue of the Americas) hosts a biweekly Meet the Craftsman series, and April 11 Francois Gigandet of H. Blin Champagne will be pouring samples of the winemaker's entire collection, from brut to demi-sec, paired with Freaky Health Co.'s raw, herb-infused organic chocolates. The event takes place from 6 p.m.-8 p.m. in the Hidden Bar tucked behind L'Amico. Tickets are available at the door.

One-off dishes for Thai Restaurant Week The Tourism Authority of Thailand is bringing the Songkran Festival to NYC, with special menu items at restaurants around the city that celebrate the country's new year, which is pegged to the solar calendar. Just a few of the options, available from today through April 17, are Galanga's Chiang Mai-style curry noodles, a spicy papaya salad with crispy salmon at Kiin, and Puff Cha's stewed pork hocks over rice. Other restaurants like Qi and Room Service will offer entire one-off prix fixe menus. For a list of all participating restaurants and their unique dishes, visit bookthailandnow.



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Co-working by design

Our work spaces influence our productivity and creativity, so choose wisely.



Now that co-working spaces have gone mainstream, there are countless options to choose from. So how do you know which space is right for you?

Besides price and location, one often overlooked factor to consider is the space itself.

'What the workplace looks like, how it's laid out and how it feels has a 100 percent relationship to productivity and workflow and creativity," says Wendy Nuñez-Formickella, a senior interior designer and studio director at MKDA, a design firm specializing in workspaces. "When you work in a [place]

that's not comfortable, properly lit or where the air isn't flowing properly, it takes a toll on your well-being.

Particularly for creative types, a space might serve as a sort of sanctuary away from the distractions of home making design all the more important.

Nuñez-Formickella gave us a few tips on how to scope out a shared office:

Accessibility and design of common spaces

Kitchens, pantries and bathrooms are very important in a shared space, says Nuñez-Formickella. Pay attention to how far away common spaces are from the furthest point, and what the walking patterns in the office are

Then notice the mate-

to bring that in? It's the natural warmth of bring-ing the outdoors in." rials

education

made from. "We're see-

ing a lot of wood [in co-

working spaces], because

everything was so white

and metal for so long. But

with these open environ-

ments, you want to create

a sense of intimacy. What

is really the easiest way

they're

Options for privacy

Even in a shared space, a little privacy is necessary, says the expert. Find out if there are private lockers available, and if you can move furniture around or use temporary panels to provide boundaries during for meetings.

Networking opportunities

Because co-working 2.0 is about more than finding a place to park your laptop networking and creating community are key aspects too — there's more to consider when making a membership commitment. Are their events and communal areas within the space?

Atmosphere

HOW TO GET AHEAD

When she's designing spaces, Nuñez-Formickella always thinks of lines of sight and lighting. "I love creating a dynamic ceiling height. It's all mental, right? So you walk into a space and you go into an open area, that's just very creative and inspiring. These small details, she says, can make you feel more at home.



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Millennials regret their loans,

Online food delivery, concerts and travel are financial priorities.

Debt may be a drag for millennials, but apparently not as much as cooking their own dinner.

A survey from Citizens Bank found that fewer than half (47 percent) of millennials, those in the 18-35 age group, who are college graduates would be willing to limit their online food delivery in return for reducing their student loans.

Other priorities? Concerts, sporting events and lattes, as well as travel and vacations.

The prospect of limiting any of these luxuries got the "no thanks" from the majority of millennials who were asked if they would cut back to lower their student loans. The same holds true for cutting Internet service.

Despite being so unwilling to give up life's little pleasures, more than

half (57 percent) said they regret taking out as many student loans as they did, and about a third said they would not have even gone to college if they knew how much it was going to cost them.

That is a big conflict, says Brendan Coughlin, president of consumer lending at Citizens Bank. "They are very committed to living their life the way they want to live their life, and as frustrated as they are by student loans, they are not willing to make those lifestyle tradeoffs," he said.

Part of the problem may be one of denial and math. The same survey found that nearly half of millennials (45 percent) with student loans do not even know how much of their annual salary they spend on them. (It is 18 percent on average, for the record.)

On the upside, the vast majority do at least know what they owe -

Looking for some deep financial advice in that latte? ISTOCK

over \$40,000 for most. But more than a third (37 percent) are clueless on the interest rate they pay.

Some suggestions for getting that number

Know what you owe

The National Student Loan Data System tracks

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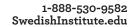
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but not their lattes



federal loans (www.nslds. ed.gov or 1-800-4-FED-AID). For private student loans, borrowers should check out their annual credit reports (www.annualcreditreport.com).

Refinance

Three-quarters of millennial graduates told Citizens Bank that refinancing is not part of their plan to pay off their student loans. Millennials who have graduated and have jobs often qualify for better rates than they did when they had no income at the start of school.

In addition to Citizens Bank, SoFi, Common-Bond, Wells Fargo, Earnest and other institutions offer refinancing programs.

Seek forgiveness

Some professions, such as public-service jobs, offer student loan forgiveness. They include public defenders, law enforcement officers, doctors, nurses and some teachers.

For example, teachers who work in low-income school districts and teach certain needed subjects may qualify for even full cancellation of some types of loans. REUTERS





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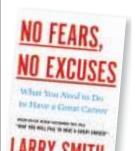
That's no longer the case — and it hasn't been for awhile, argues University of Waterloo economics professor Larry Smith in his new book, "No Fears, No Excuses: What you Need to do to Have a ... Great Career."

Smith suggests our approach to finding a lasting career hasn't kept pace with the job market, and many people are held back by fear and excuses.

We talked to Smith about finding a great career (and not merely a good one).

ľn your book you say there are no more safe jobs. Why?

For a lot of people, the midrange was attainable, and available and offered reasonable opportunities. In proportion, the number of bad jobs is rising, and the number of good jobs is also rising, but the





Theres no such thing as a safe job anymore. ISTOCK

middle of that is shrinking. That means if you're shooting for the midrange, you're shooting for a range of shrinking opportunities.

What do you mean by "bad" jobs?

So many jobs have gone from good to the dreadful scale, which, of course, is because of the expansion of workload. So a lot of jobs that still were good jobs 15 years ago are now pressure-cooker jobs, for which a work-life balance is a delusion.

So how do you know if you're on the right path or spinning your wheels?

It's not a question of just trying the best you can and giving it a shot. You now have to figure out what your distinction is. One of the reasons you need to have a passionate interest in your work is that it does contribute to one's well-being. Unless you love what you're doing, you can't

innovate it. If you can't call up new ideas, then truly you're not going to have a great career. The book makes very clear you need to have a passionate interest in what you're doing, but that's absolutely not enough.

So we need passion-plus?

The other elements are that you enjoy your work, that your talent is being taken to its limit, that you feel like you're being stretched and that you're growing because of your capability, you feel like you've impacted the world around you and that you care about that impact.

The other element that's so important is a plan for how you're going to develop that creative skill. It has to be a multiyear plan, and I know that's not sexy, but great careers aren't built overnight. But the young person should start now, the minute they graduate. ALIZAH SALARIO



NFL mock draft | by Luke Miller

No. 1

Titans Laremy Tunsil.

When you invest the second overall pick in a quarterback like the Titans did last season, the next step is investing the first overall pick in a tackle to protect Marcus Mariota. Tunsil is the best one available and the first player off the board.



No. 2

Browns Jared Goff, QB

The Browns signed Robert Griffin III, but their recent track record redeeming quarterbacks can't leave them feeling comfortable about their chances. Goff is the quarterback readiest to step in and play, and that's what the Browns need — and have needed for quite a while -somebody to do.

Chargers / Jalen Ramsey, CB

The Chargers could go in any number of directions on defense with this pick: Myles Jack and DeForest Buckner in particular are tempting. But Ramsey is a playmaker unlike any other available at defensive back in this draft, and the rare safety prospect worthy of a top 10 selection.

Cowboys Carson Wentz, QB

This pick is the toughest to call, and will set the tone for the rest of the first round. Wentz can sit behind Romo for a time. It's hard for the Cowboys to pass up defensive talent at this spot, but it might be equally hard for them to predict the next time they'll have a shot at a QB this high in the draft.

Jaquars Myles Jack, LB

Investing in offense in the draft has paid huge dividends for Jacksonville, and now it's time for them to start matching that with the defense until they aren't picking inside the top five anymore. Jack is as explosive a defensive talent as there is in this class — as long as his knee is recovered.

No. 6



The Ravens might want to look at offensive tackle with this pick, but Ronnie Stanley isn't the equal of Bosa as a prospect. The Ravens have always been about getting it done on defense, and Terrell Suggs isn't getting any younger. Bosa will keep their pass rush alive for years to come.

49ers **DeForest** Buckner, DE

Call it a coincidence. No, Chip Kelly isn't calling the shots in San Francisco, but Trent Baalke is. And last year Baalke picked Arik Armstead, a towering defensive lineman from Oregon. Make it a dou-

Eagles G Ronnie Stanley, T

It will be tempting to look at the draft to fix what Byron Maxwell and DeMarco Murray didn't and take Vernon Hargreaves or Ezekiel Elliot here. Stanley gives the Eagles line depth they definitely need at the moment, and the starting tackle they'll need when Jason Peters can't get on the field.

Bucs Vernon Hargreaves, CB

His height might scare some teams away, but there's no replacing talent. The last time Tampa Bay was good it was all about their defense, with names like Ronde Barber and John Lynch in the secondary. Recreating those days sounds pretty good.

Giants Jack Conklin, T

The Giants have looked to the offensive line constantly in recent drafts and, unfortunately, don't yet have a reason to stop. Some help at the wide receiver position, now absent Reuben Randle and still awaiting Victor Cruz, might be needed, but this is a little too high.

The next 10

- 11 Bears: Shaq Lawson
- 12 Saints: Kevin Dodd,
- 13 Dolphins: Ezekiel Elliot
- 14 Raiders: Sheldon Rankins
- 15 Rams: Paxton Lynch,
- 16 Lions: A'Shawn Robinson
- 17 Falcons: Reggie Ragland
- 18 Colts: Taylor Decker
- 19 Bills: Leonard Floyd
- 20 Jets: Mackensie Al-

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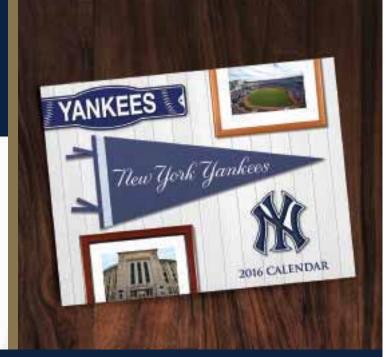


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LEGAL NOTICES

NOTICE OF SALE SUPREME COURT - COUNTY OF QUEENS

JP MORGAN CHASE BANK, NATIONAL ASSOCIATION,

DAVID WELLS, ELIZABETH TEJADA, her respective heirs-at-law, next-of- kin, distributees executors, administrators, trustees, devisees, legatees, assignees, lienors, creditors and successors in interest and generally all persons having or claiming under, by or through said defendant who may be deceased by purchase, inheritance, lien or otherwise, any right, title or interest in the real property described in the complaint herein, ET AL.,

Defendant(s),

Pursuant to a Judgment of Foreclosure and Sale, duly entered in the Queens County Clerk's Office on 10/26/2015, I, the undersigned Referee, will sell at public auction, at the Queens County Supreme Court located at 88-11 Sutphin Boulevard, Jamaica, New York 11435, in Courtroom #25 on 5/13/2016 at 10:00 am, premises known as 97-42 104th Street, Ozone Park, NY 11416, and described as follows

ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in Ozone Park, Borough and County of Queens, City and State of New York, and designated on the tax maps of the Queens County Treasurer as Block 9405 and Lot 24

The approximate amount of the current Judgment lien is \$391,211.45 plus interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale: Index # 943/13.

David L. Cohen, Esq., Referee

STIENE & ASSOCIATES, P.C. (Attorneys for Plaintiff)

187 East Main Street, Huntington, NY 11743

Dated: 3/24/2016 File Number: 201001899 MNB

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 242 5th Ave., Brooklyn, NY 11215, for

on-premise Consumption. Suman NOTICE IS HEREBY GIVEN

nat a license. Number 1293028 fo On Premises Liquor has been applied for by the undersigned to sell Beer Wine & Liquor at retail in a Restauran under the Alcoholic Beverage Control Law at 300 W. 23rd Street New York, NY 10011, for on-premises consumption. Golden Sea Beach Inc

NOTICE IS HEREBY GIVEN that a license, Number 1293107, for On Premises Liquor has been applied

for by the undersigned to sell Beer Wine & Liquor at retail in a Restauran under the Alcoholic Beverage Contro Law at 1047 2nd Ave., New York NY 10022, for on-premises consumption Arata Japanese Rest 1 Inc.

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Index No.: 943/13

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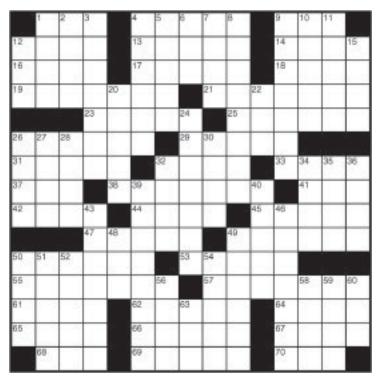
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Across

1 Missouri hrs.

4 Pooh-pooh

9 Sullv

12 Upscale sport

13 Sandoval or Picasso 14 Hoople expletive

16 — — unto itself

17 Farewell

18 "Chantilly —" (Big Bopper

tune) 19 Felt hat

21 In black and white

23 Day one

25 Brambles

26 Evolve

29 Like pagodas

31 Treasured violin

32 Job opening

33 Dismal

37 "Car Talk" network 38 It may be poetic

41 Fritz, to himself

42 Mach 2 fliers

44 k.d. — of country music

45 Sticky-footed lizard

47 Use one's index finger, perhaps 49 Decks out

50 On a roll (2 wds.)

53 Fallen-rock debris

55 Wooed

57 Thumbed a ride

61 In a dead heat

metro.us /games

62 Jots

64 Gravitate toward

65 Prudent

66 Swiss Army

67 Work units

68 Ended a bout early

69 Ruhr Valley city

70 "- Rosenkavalier"

Down

1 Boulder's st.

2 Shut with a bang

3 Barge pusher

4 Thin

5 Mooch

6 Teahouse attire

7 Hopped a jet

8 50 cents, in slang (2 wds.)

9 Unfreezing

10 Banded quartz

11 Track competitor

12 Exclamation of disgust

15 Goes into hibernation

20 No later than

22 Novelist — Levin

24 Special abilities

26 Provides staff

27 Game officials 28 Bakery item

30 Grammy winner

32 MRI picture

34 Costa -

35 Yucky

36 Electrical units

39 Slogan of 1956 (3 wds.)

40 Majestic wader

43 Given the cold shoulder

46 Put up

48 Autumn mo.

49 Up and at 'em

50 Finishes the cupcakes

51 Kim of "Vertigo"

52 "Hasta —, amigo!"

54 Abrade

56 Grandees

58 Present!

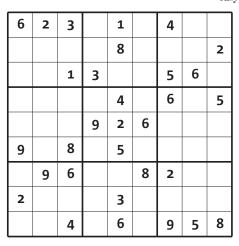
59 Amtrak driver

60 Tooth pro's deg.

63 Opposite of 'tain't

metro.us/sudoku

easy



hard

	4		7		6	1	2	
					1	5	8	
	2							9
6				7		9		
	8		6		2		1	
		7		1				8
5							9	
	7	9	2					
	6	2	5		9		3	

metro.us/horoscopes



Aries Romance will enhance your life if you make an effort to enhance your sex appeal. A change in how you deal with money matters looks promising.



Taurus An aggressive but secretive move will increase your cash flow. Express your interest in someone who could teach you a thing or two. Socializing will give you a platform.



Gemini An emotional situation will force you to make a move. Don't hang around to see what happens. You are best off heading in the direction that most suits you.



Cancer Make the first move and then ask others to join in. A proposal will grab your interest, but find out what's expected of you before you jump in.

Leo A stubborn attitude will hold you back.



Focus on self-improvement and tackling physical challenges that will encourage love, romance and a better personal life.

Virgo Slow down and evaluate a situation that is based on innuendoes and hearsay. Avoid getting involved in gossip or meddling in someone else's affairs; you'll regret it if you don't.

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Libra You'll be drawn to people who can offer you something unique. Enjoy their input, but think things over before you make life changes that you could regret.



Scorpio Discuss your financial obligations. Take an unusual approach to details that involve money, your time or a contractual commitment in order to strengthen your reputation.



Sagittarius You'll be raring to get up and go, but first consider any risks involved. Someone will mislead you if you are too enthusiastic or gullible. Romance is featured.



Capricorn Being secretive about your personal life will help you avoid judgment from colleagues. Listen to what others have to say in order to improve your position.



Aquarius A commitment made to family and friends will bring you closer together. You will make progress if you initiate changes to the way you do your job or present your resume.



Pisces Your emotions will come between you and a rational decision. Listen carefully and make sure you understand what's expected of you before you agree to something. EUGENIA LAST

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